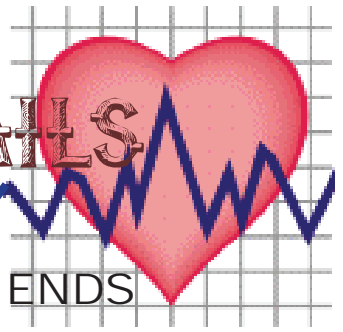


TREK TEN TRAILS

The Nature of Health

MAGNIFY & FRIENDS
Credit Union



Bok Tower Gardens

1151 Tower Blvd. Lake Wales, FL 33853

Entrance GPS Coordinates: N 27° 55.061 W 081° 34.504

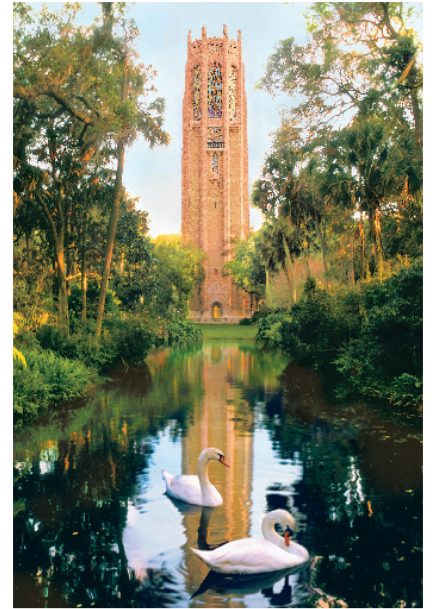
Parking Area Coordinates: N 27° 56.227 W 081° 34.504

DRIVING DIRECTIONS

From Bartow follow US98 to Lake Wales, about 13.5 miles. Turn left on Central Ave and follow Central Ave for about 1.5 miles. Turn left on SR17 and follow road for about 1 mile. Make sharp right on Burns Ave and follow road for about 1.5 miles. Turn left on Tower Blvd and follow road to parking area.

Pine Ridge Nature Preserve and Trail

is a Longleaf Pine-Turkey Oak habitat. Similar pine communities once covered millions of acres in the southeastern United States. Now in danger of disappearing, a small portion has been preserved in the Pine Ridge Nature Preserve. This habitat is an upland ecosystem typified by an overstory of Longleaf Pine and a dense groundcover of perennial grasses. Visitors can experience this natural habitat on a 3/4-mile trail that begins at Window by the Pond and terminates at the parking lot. Many shaded benches along the way serve as places for relaxation and reflection. Along the trail you will see a bog garden, an open glade and a sandhill forest community that is one of the most endangered ecosystems in the world.



Atop Iron Mountain, one of the highest points in peninsular Florida, this National Historic Landmark will open its grounds to Trek Ten Trails participants for a Bok Bonus Trek! Each person who presents their Validation Card with any four trail stamps will receive **FREE ADMISSION** to search for the cache and enjoy the world famous carillon and surrounding gardens.

SCRAPBOOKERS: Place your souvenir stamp in this circle!



Additional Cache Coordinates: N 27° 56.167 W 081° 34.323

No self-inking stamps in these two caches! N 27° 56.389 W 081° 34.631

TREK TEN CACHE COORDINATES: N 27° 56.272 W 081° 34.383



FIND THE CACHE WITHOUT GPS: After passing the Gift Shop and Blue Palmetto Cafe' follow the path to the second Window By The Pond sign and then follow the signs to the Pine Ridge Nature Preserve Trail. Follow this trail. Just before you reach marker number 13 you will pass a large pine tree and a small palmetto patch on the left (east) side of the trail. The geocache is located on the east side of the palmettos. (.75 mile loop hike)

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