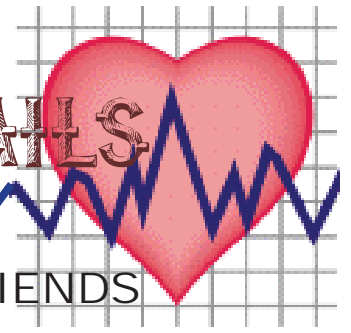


TREK TEN TRAILS

The Nature of Health



Circle B Connector Trail

Parking Area GPS Coordinates: N 27° 59.400 W 081° 51.480 (RT 2.25 Miles)

DRIVING DIRECTIONS

From I-4 east or west, take the Polk Parkway (Toll Road 570) and exit at US Hwy 98 south, exit 10. Turn left at Winter Lake Road (SR 540). The entrance to the Circle B Bar Reserve (Connector Trail) is two miles east of US 98.

Walkers and bicyclists can access the Circle B Connector Trail from the Fort Fraser Trail between the Highland City Trailhead and the trailhead at Polk State College.



The trail is currently open 6:30 a.m. to 8 p.m., but when the time changes on Nov. 7, the hours will change to 7 a.m. to 6:30 p.m.



From the Circle B Connector Trail you will wind through marshland for two miles on a stabilized trail until you reach a short half-mile paved trail through the woods connecting to the Fort Fraser Trail that runs parallel to US Highway 98.

Things to See

This part of the trail takes you past a marsh with open grassed areas and then meanders along a magnificent wading bird marsh to reach Polk's Nature Discovery Center at Circle B Bar Reserve. Have your camera ready!



SCRAPBOOKERS: Place your souvenir stamp in this circle!



TREK TEN CACHE COORDINATES: N 27° 59.153 W 081° 52.676



FIND THE CACHE WITHOUT GPS: From the Circle B parking area follow Shady Oak trail west to Heron Hideout trail south. Cross Marsh Rabbit Run and Alligator Alley and continue on Eagle Roost. Pass Wading Bird Way and continue on the Connector trail. The trail will bend to the left and then straighten out. At the Service Vehicles only road, look for the bench. On the south side of the connector trail, look for the small palm tree, the cache is at the base of the palm.

www.friendsoftheparks.net