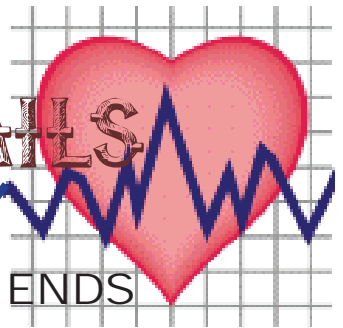


TREK TEN TRAILS

The Nature of Health



Fort Fraser Trail

Highland City Trailhead Parking

GPS Coordinates: N27° 58.006 W081° 52.705

DRIVING DIRECTIONS

From I-4 east or west, take the Polk Parkway (Toll Road 570) and exit at US Hwy. 98 south, Exit 10. Continue south to the Highland City Trailhead, in Highland City.



FORT FRASER TRAIL is named for the fort constructed in 1837 during the Second Seminole War. The fort itself was named for Captain Upton S. Fraser who was killed in the first battle of the war nearly two years earlier. Late in November of 1837, the fort was activated when Col Zachary Taylor arrived with Company B & E of the 1st US Infantry along with 80 wagons of supplies to construct a new military road that ran roughly west to east from Ft. Brooke in Tampa and ended at the Kissimmee River. Fort Fraser was officially closed by the US Army six months later and Col. Zachary Taylor later became our nation's 12th president.

Fort Fraser Trail mile markers run north and south from the Highland City Trailhead along the former CSX railroad line and parallel to US Hwy. 98 for 7.75 miles from SR 60 in Bartow north to CR 540 in Lakeland. The Highland City Trailhead is due south of PSC/USF Campus Trailhead and includes restrooms and other amenities.

Things to See

A historical marker erected on the trail just south of CR 540A stands in close proximity to where Fort Fraser was actually located. Along the trail are five picnic shelters, six rest shelters and three bridges that many use as turnaround landmarks to shorten their hikes to one or two-mile treks. As many as 33 different species of butterflies have been identified, due in part to native plantings such as the paw paw - the only larval host to the Zebra Swallowtail.

ATTRIBUTES



SCRAPBOOKERS: Place your souvenir stamp in this circle!



TREK TEN CACHE COORDINATES: N 27° 57.192 W 081° 52.164



FIND THE CACHE WITHOUT GPS: Park at the Highland City Trailhead. Follow the trail south. Find the "Road Crossing 80-Feet" sign just before Boy Scout Ranch Road and go another 20 feet past the sign. Look for an oak tree 10 feet in from the east edge of the trail.

www.friendsoftheparks.net