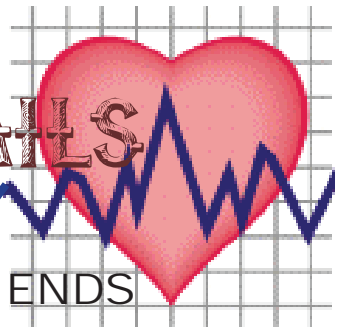


TREK TEN TRAILS

The Nature of Health



Lake Parker Park

910 Granada St, Lakeland, FL

Parking GPS Coordinates: N 28° 04.719 W 081° 56.780

DRIVING DIRECTIONS:

From US98 in Lakeland follow in town by-pass to Massachusetts Ave. Turn right on Massachusetts Ave and continue onto SR33. Turn right on Granada St and enter the park through the main entrance on left. Go to stop sign, turn left then right into parking area.



Lake Parker Park encompasses more than 100 acres, many along the lake that remain in their natural state. The park is accessible from Robson Road and Granada Road off of Lakeland Hills Boulevard. Lake Parker is used by families of all ages and by nature enthusiasts for bird watching.

- Walking Paths
- Forest Path (Green) - .66 miles
- Water Path (Blue) - .84 miles
- Soccer Path (Yellow) - .76 miles
- North Path (Red) - .80 miles

Things to See

The Water Path takes you on a journey through the park's wetland hardwood forest where a multitude of animals and reptiles live. When in bloom, blue flag irises create a beautiful vista in the vicinity of Potato Creek Bridge.

ATTRIBUTES



SCRAPBOOKERS: Place your souvenir stamp in this circle!



TREK TEN CACHE COORDINATES: N 28° 04.812 W 081° 57.028



www.friendsoftheparks.net

FIND THE CACHE WITHOUT GPS: From parking walk east towards Lake Parker. Once you reach the walking path turn north and follow the Green Trail until you intersect the Blue Trail. Turn right and follow the Blue Trail. You will pass by information signs about wildlife, aquatic plants and alligators. Further down the trail you will cross a small walking bridge, continue on the Blue Trail. You will pass another bridge along the Blue Trail, continue walking west until the Blue Trail turns south and intersects the Yellow Trail. Follow the Yellow Trail south. Just south of the second light tower look west for a large oak. The geocache is at the base of the tree. To return to parking, follow the Yellow Trail south to the end of the soccer fields and turn east following the Yellow Trail. The Yellow Trail will turn to the north, continue following the Yellow Trail to the north end of the soccer fields. At the first fork bear right and follow the Blue/Yellow Trail. At the next fork, again bear right on Yellow Trail, then turn right on Green Trail and follow the Green Trail back to parking. 2 mile loop hike