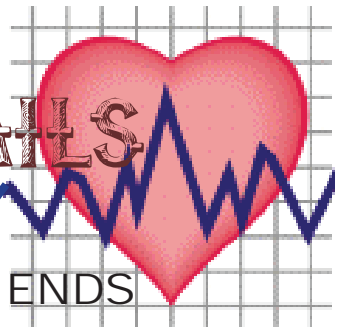


TREK TEN TRAILS

The Nature of Health

MAGNIFY & FRIENDS
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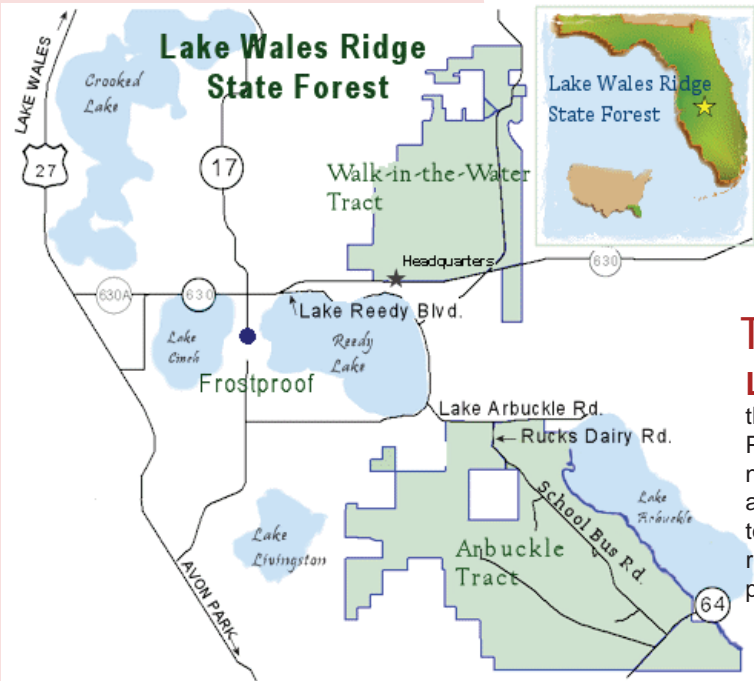
Lake Wales Ridge State Forest

State Road 60, Lake Wales, FL

Trail Parking GPS Coordinates: N 27° 42.493 W 081° 26.760

DRIVING DIRECTIONS

From the intersection of US 27 and SR 60 in Lake Wales, take SR 60 E for 9.5 miles. Turn south onto Walk in the Water Rd. Go 9 miles to stop sign at the CR 630A intersection. Walk in the Water Rd. becomes Blue Jordan Rd. south of CR 630A. Go 2 miles to a flashing light at North Lake Reedy Blvd. Turn left onto North Lake Reedy Blvd. and go 1.6 miles to Lake Arbuckle Rd. Turn left onto Lake Arbuckle Rd. and go 1.5 miles to Rucks Dairy Rd. (a dirt road) and turn right. Stop at the Paula Dockery/Reedy Creek Trail Kiosk on the left at the fork in the road and pay daily use fee. Continue following the left fork approximately two miles to the parking area and look for the entrance sign.



Entrance Fee for designated areas is \$2.00 per person, children under 6 admitted free.

Please do not search for this cache on the following hunt dates for July 1, 2011- June 30, 2012:

ARCHERY SEASON: October 15 through November 4.

MUZZLELOADING GUN SEASON: December 10-18.

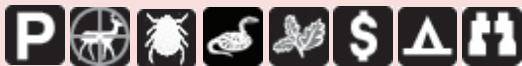
SMALL GAME SEASON: January 7-8 and 28-29.

SPRING TURKEY SEASON: March 20-22 and April 3-5.

Things to See

Lake Wales Ridge State Forest derives its name from the narrow ridge which runs north and south through the Florida Peninsula. Many years ago ancient ocean levels rose and covered nearly all of the present-day Florida peninsula isolating the Ridge as an island upon which the plants and animals on this ridge continued to evolve in isolation. Today the scrub ecosystem that thrives on the ridge may have the highest concentration of rare and endangered plants in the continental United States.

ATTRIBUTES



SCRAPBOOKERS: Place your souvenir stamp in this circle!



TREK TEN CACHE COORDINATES: N 27° 40.753 W 081° 25.198



FIND THE CACHE WITHOUT GPS: Walk between the cabin and the kiosk and look for another kiosk and "Nature Trail" sign. Follow the blue blazes. Once you pass the Cutthroat Seep kiosk follow the "Nature Trail" signs. You will turn left and cross a small footbridge. Follow this trail to the "Flatwoods" kiosk. About 100 feet past this sign look for an oak tree on the left (south) side of the trail. The geocache is at the base of the oak tree. After finding the geocache, continue following "Nature Trail" signs back to the parking area. When you reach a dirt two track road turn left (east) to the parking area. (1 mile loop hike)

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