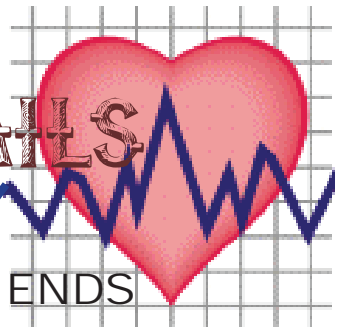


TREK TEN TRAILS

The Nature of Health



Mackay Gardens

900 Mackay Blvd, Lake Alfred 33850

Parking Area GPS Coordinates: N 28° 04.835 W 081° 43.217

DRIVING DIRECTIONS

From Lakeland follow US 92 about 12 miles to the intersection of US92 and US17. Continue north to Lake Alfred and turn right on Mackay Boulevard. Follow this road to the second set of black gates on the right and turn right, parking is inside gates on the right.



Mackay Gardens On the shore of Lake Rochelle in the City of Lake Alfred is a pristine expanse of natural Florida called the Mackay Garden and Lakeside Preserve. With almost a mile of lakefront shoreline, this 112 acre property is home to many species of endangered plants and animals. It has been preserved through a grant from the Florida Communities Trust and has been developed with nature trails, a passive recreational park, a natural canoe launch, and a fitness trail. At its heart is a beautiful mansion built in 1916 by Alexander Mackay. The Mackay family was one of the founding families in the Polk County citrus industry. The house has been restored as a premier special event facility for weddings, business retreats and community gatherings.

ATTRIBUTES



Things to See

See the historic mansion and grounds including the walled arbor and sunken garden. The lakeside trail offers lots of shade and views of Lake Rochelle. Rare native plant communities on site include cutthroat seeps and sandhill.



SCRAPBOOKERS: Place your souvenir stamp in this circle!



TREK TEN CACHE COORDINATES: N 28° 04.667 W 081° 43.086



FIND THE CACHE WITHOUT GPS: Walk past the restrooms and look for the orange/yellow/blue blazed post. When the orange blazed trail forks off to the right, continue straight, following the yellow/blue blazed trail. Once you reach the overhanging oak limb painted with the yellow/blue blaze look on the lake side of the trail for the two cypress trees. The geocache is located at the base of the second cypress tree. (1 mile loop hike)

www.friendsoftheparks.net