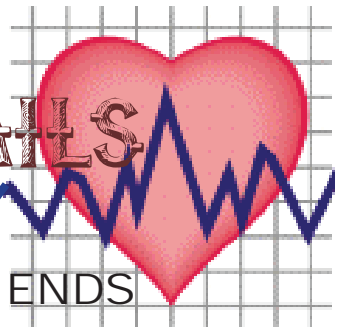


# TREK TEN TRAILS

The Nature of Health



## SUMICA

Parking Area GPS Coordinates: N 27° 51.420 W 081° 22.526

### DRIVING DIRECTIONS

From I-4 and US 27 (Haines City) take US 27 south 24 miles to SR 60, turn left and follow SR 60 east 14 1/2 miles to SUMICA on right.

From Polk Parkway and US 98 (Lakeland / Bartow) take US 98 south 8 miles to SR 60, turn left and follow SR 60 east 29 1/2 miles to SUMICA on right.



**SUMICA** contains more than 4,000 acres of diverse native habitats - significant wetland and marsh plant communities that provide critical habitat for a variety of wildlife including wading birds, bald eagles, gray fox and turkey. A portion of Walk-in-Water Creek flows through the property. The name "SUMICA" comes from the timber town that was on the site in the early 1900s. The town was named after a French company, "Societe Universelle de Mining, Industrie et Agriculture," that had timber rights on the property.

### Things to See

Wading birds are abundant and easy to see from the wetland observation dock off the tram path. Wild turkeys forage the ground for insects and seeds including saw palmetto fruits. Listen for the gobble of males during courtship from February through May.

### ATTRIBUTES



**SCRAPBOOKERS:** Place your souvenir stamp in this circle!



TREK TEN CACHE COORDINATES: N 27° 50.556 W 081° 22.367



**FIND THE CACHE WITHOUT GPS:** Park near the trailhead. Follow the hiking trail about 300 feet past the boardwalk. Look behind an oak and palm growing together on the north side of the trail.

[www.friendsoftheparks.net](http://www.friendsoftheparks.net)