

TREK TEN TRAILS

Circle B Bar Reserve

2013

4399 Winter Lake Road, Lakeland, FL 33812

Circle B Parking GPS Coordinates: N 27° 59.400 W 081° 51.483

DRIVING DIRECTIONS From I-4 east or west, take the Polk Parkway (Toll Road 570) and exit at US Hwy 98 south, exit 10. Turn left at Winter Lake Road (SR 540). The entrance to the Reserve is two miles east of US 98.



www.friendsoftheparks.net



Circle B Bar Reserve is named after a cattle ranch that once existed on the 1,267-acres. Purchased to protect the floodplain of Lake Hancock and to restore the Banana Creek marsh system, it also offers large natural communities of oak hammocks and various forested wetlands in the northeast corner of the property. Lake Hancock, Polk County's 4th largest lake, sits at the headwaters of the Peace River.

Polk's Nature Discovery Center provides information and many discovery opportunities about the unique water, wildlife and wilderness resources, as well as the associated cultural heritage and nature-based recreation opportunities on environmental lands in Polk County. The Nature Discovery Center includes picnic pavilions, wildlife observation viewing platforms, boardwalks and several multi-use trails. The Reserve is open daily, year-round, from 5:00 A.M. to 7:00 P.M. Standard Time and until 8:30 P.M. during Daylight Savings Time. Dogs are no longer allowed in the preserve because of the number of alligators present. This area may become wet during the rainy season. Don't forget the insect repellent and water. Be careful and enjoy the area. Be advised that there are always risks associated with visiting nature preserves. As you can see from the picture above, a lot of the trail is shaded, this makes it a good hike in the summer months. Horses are also allowed on this trail.

ATTRIBUTES



Things to See

While hiking the trails you may see a variety of birds, including sandhill cranes, bald eagles, wood storks, great blue herons and many other wading birds, as well as vistas across Lake Hancock and Banana Creek Marsh. Take a walk along the banks of Lake Hancock and you will see many alligators.



TREK TEN CACHE COORDINATES: N 27° 59.670 W 081° 51.911

SCRAPBOOKERS: Place your souvenir stamp in this circle!



FIND THE CACHE WITHOUT GPS: From the parking area follow Shady Oak Trail west until you reach the Heron Hideout Trail, cross over Heron Hideout and continue on the Tree Frog Trail. At the end of the Tree Frog Trail you will see an information board, just before the information board on the east side of the trail you will see a sable palm tree. The geocache is at the base of an oak tree on the west side of the trail. Retrace your steps to return to parking area. About 1.5 miles roundtrip.